*The three turnings and twelve aspects in regard to the knowledge of the four noble truths*

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| **Truth** | **Content** | **Task** | **Completion of task** |
| Dukkha | 8 kinds of dukkha, five aggregates subject to clinging | To be fully understood | Has been fully understood |
| Origin | Craving | To be abandoned | Has been abandoned |
| Cessation | Cessation of craving, nibbāna | To be realized | Has been realized |
| Path | Noble eightfold path | To be developed | Has been developed |